



## Continuing Competency Program: E-News ... Keeping in touch with members!

October 2010

### Mandate of Continuing Competency Program

To promote a reflective practice among occupational therapists in Nova Scotia by providing a structure that ensures therapists continue to maintain their knowledge and skills according to the College's standards.

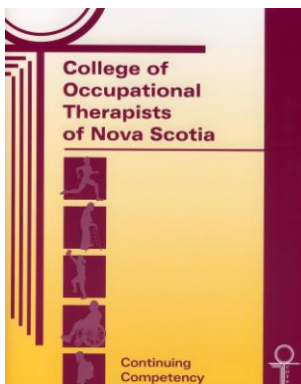
### Committee Members

- Joanne Comeau (chair)
- Dorothy Edem (coordinator)
- Karen Landry
- Jennifer Saunders
- Susan Sparkes

### Contact us and share your story

E-mail:  
[admin@cotns.ca](mailto:admin@cotns.ca)

Visit Us at:  
[www.cotns.ca](http://www.cotns.ca)  
➤ Continuing Competency



## Happy Occupational Therapy Month!

In recognition of all the ways occupational therapy contributes to the well-being of society, October has been designated as Occupational Therapy Month. It's the time of year when everyone in our profession goes out of their way to tell the world about what we do and why we are proud to call ourselves occupational therapists. With great pride, the Continuing Competency Committee would like to extend its congratulations to all the members as we celebrate our OT Month.



As you take the time to celebrate, think of your practice, reflect on your services, accomplishments and how you have contributed to the well-being of clients, families and the communities you serve. Congratulate yourself for a job well done!

## Continuing Competency Program Updates

### Continuing Competency Program Expectations for 2010-2011

Given October is a month for reflection, you may want to reflect on your practice and start your Self Assessment and Professional Development Plan. All the materials you need for the self assessment and professional development plan are on the website.

For this registration year, you will need to complete:

- A self assessment as you did last year
- Professional Development Plan

Visit the website to download the writeable or pdf version of the Self Assessment Tool and Professional Development Plan. The link is [http://www.cotns.ca/self\\_assessment\\_tool.html](http://www.cotns.ca/self_assessment_tool.html) and [http://www.cotns.ca/professional\\_development\\_plan.html](http://www.cotns.ca/professional_development_plan.html)

### Peer Assessment Review

The Continuing Competency Committee and the COTNS Board had a joint consultation meeting with College of Occupational Therapists of Ontario (COTO) on Saturday September 11, 2010. The purpose of the consultation was to explore processes and protocol for implementing the Peer Assessment Review. Stay tuned for more information.

### We Welcome Your Comments, Feedback, and Questions!

Please forward them to Dorothy Edem at [daedem@eastlink.ca](mailto:daedem@eastlink.ca)

Happy OT Month image retrieved from <http://www.squidoo.com/OccupationalTherapyMonth>